

# **Nutrition Coordinating Committee (NCC) Meeting Minutes November 1, 2001**

## **WELCOME**

Dr. Van Hubbard, Director of the Division of Nutrition Research Coordination (DNRC), convened the NCC Meeting at 2:00 p.m., welcomed the participants, and asked them to introduce themselves. Dr. Sue Yanovski, National Institute of Diabetes and Digestive and Kidney Disorders (NIDDK), introduced Dr. Robert Kuczmariski, who was formerly with the National Center for Health Statistics (NCHS) and is now a Program Director within NIDDK. Dr. Sarah Kuester and Dr. Deborah Galuska, from the Centers for Disease Control (CDC) in Atlanta, Georgia, participated via videoconference, and Ms. Kathryn McMurry, Office of Disease Prevention and Health Promotion (ODPHP) in Washington D.C., participated via conference call. The list of attendees is at the end of these minutes.

## **MINUTES FROM THE SEPTEMBER 6, 2001 NCC MEETING**

Minutes from the September 6, 2001 NCC Meeting were sent to NCC members. Dr. Paul Coates, Office of Dietary Supplements (ODS), moved to approve the minutes, and Dr. John Milner, National Cancer Institute (NCI), seconded the motion. The minutes were unanimously approved. The minutes of NCC Meetings are posted on the DNRC Website <http://dnrc.nih.gov> without attachments unless the attachments are available in electronic form.

## **UPDATE OF DNRC ACTIVITIES**

### ***NCHS Issues Related to Survey Funding***

Dr. Hubbard reminded the group of the meeting held on September 6, 2001 (prior to the NCC Meeting) during which Mr. Clifford Johnson, NCHS, discussed the need for external support of the National Health and Nutrition Examination Survey (NHANES). There was a request for a list from NCHS describing the available funding for various parts of the NHANES to clarify the parts of the survey that are in jeopardy. Dr. Hubbard will talk to Mr. Johnson about obtaining such a list. Dr. Hubbard said that the NIH plan for support of NHANES and other NCHS surveys was discussed among a Committee of Institute and Center (IC) Deputy Directors. Dr. Dushanka Kleinman, National Institute of Dental and Craniofacial Research (NIDCR), and Dr. Richard Nakamura, National Institute of Mental Health (NIMH), will lead efforts to elucidate NIH-wide plans for current use of the surveys. Within the next few weeks, a questionnaire will be sent to each IC, requesting a description of activities with NCHS, current levels of funding, and the amount and duration of interagency agreements. Dr. Hubbard assured the

members they will receive copies of the questionnaire, as will the designated Institute-NCHS representatives. Also noted was the November 15, 2001 Task Force Meeting on Nutrition Monitoring organized by American Society for Nutritional Sciences (ASNS). Several NCC members have been invited to participate in this meeting, which is to be chaired by Dr. Cathy Woteki.

### ***Human Nutrition Research Information Management System (HNRIMS)***

Mr. James Krebs-Smith, DNRC, provided a status report of the FY2000 nutrition data for HNRIMS. He has received final concurrence memos from all IC's, and the confirmed totals have been forwarded to the Office of Financial Management (OFM). The annual report on nutrition research and training support for FY2000 is being drafted. The first of the series of tables from this draft was distributed (Appendix A), showing the number of projects and nutrition related obligations by IC. NIH FY2000 funding for nutrition research was \$695 million, an increase of about \$141 million (+25%) over the previous year. There were 3,150 projects, representing an increase of 110 projects (+3%) over the previous year. The annual report will be available by the end of the calendar year. ODS is reviewing the dietary supplement related coding of the finalized HNRIMS data, as part of the process of identifying relevant projects for the Computer Access to Research on Dietary Supplements (CARDS) database. Upon completion of this review, the FY2000 HNRIMS data will be posted to the public HNRIMS website. Work on the public website is progressing, with roll-out expected by the end of the year. Mr. Krebs-Smith will send an email to NCC members to explain how to access new reporting features on the HNRIMS Update website (controlled access) as soon as page revisions are completed.

### ***Nutrition Education***

Dr. Jean Pennington, DNRC, provided an update of the work of the NCC Nutrition Education Subcommittee (NES). Dr. Becky Costello, ODS, has recently joined the NES. Since the beginning of 2001, the NES has reviewed 20 documents. Four documents have been reviewed since the last NCC meeting. They include two documents from the National Institute on Aging, *Dietary Supplements: More is not Always Better* and *Good Nutrition: It's A Way of Life*. Also reviewed were *Nutrition and Women's Health* developed by the Department of Health and Human Services (DHHS) Office of Women's Health and the Weight Control Information Network (WIN) document *Healthy Eating and Physical Activity Across the Lifespan: Helping Your Child*

### ***Scientific Interactions***

Dr. Pam Starke-Reed, DNRC, provided an update on two future meetings. The DNRC, ODS, and NCI co-sponsored workshop, *Health Benefits of Conjugated Linolenic Acid*, will be held on May 15-16, 2002, in the Lister Hill Auditorium on NIH Campus. The Trans-NIH and Interagency Conference, *Physical Activity and Nutrition*, will be held in early December, 2002, in Bethesda. Contact Dr. Starke-Reed for more information regarding these meetings. Dr. Starke-Reed also requested suggestions for scientific presentations for NCC meetings.

### ***Display at the First Annual Nutrition Week.***

The *First Annual Nutrition Week* will be held in San Diego on February 23-27, 2002. At the September NCC Meeting, Dr. Hubbard suggested that this might be an opportunity to provide a display of NIH research and programs with an emphasis on support for research training, and career development opportunities. Dr. Hubbard contacted the meeting conveners and found that the exhibit and poster areas will be adjacent. He suggested that the NIH display be adjacent to the scientific posters and remain for the duration of the meeting. Those interested in contributing materials for the display should contact Dr. Hubbard. He would also like to know if other NIH research/education booths will be exhibited during this meeting.

### **THE NIH CONSENSUS DEVELOPMENT PROGRAM**

Dr. Susan Rossi, Office of Medical Applications of Research (OMAR), Office of the Director (OD), provided an overview of the process by which NIH convenes and carries out consensus development conferences. (See Appendix B.) The consensus development conferences include non-federal panels that are independent from NIH and that are asked to provide broad recommendations for the general population based on strong evidence. The procedure for the conferences has recently been tightened and has input from the Agency for Health Care Research and Quality (AHRQ). The cost of an individual conference is about \$500,000 (paid for by OMAR), and there are five to six per year. The criteria for holding a conference are public health importance, a gap between evidence and practice, and availability of evidence. The level of available evidence determines if the conference process will be *consensus* (stronger evidence) or *state of the science* (general issues with weaker evidence). Topic suggestions come from the Institutes. Once a topic is selected, a Planning Committee of content experts develops five or six questions that are to be addressed by the panelists. The panelists have a pre-meeting, are exposed to an extensive literature review, and then listen at the conference, which includes both public input and expert testimony. The panel then meets through the evening and night to develop a report that answers the initial questions. The committee report is not considered to be government document. The Consensus Development Program agenda for 2002 is available as Appendix B. Additional topics can be suggested to OMAR. More information is available at [consensus.nih.gov](http://consensus.nih.gov)

### **SPECIAL PRESENTATION**

Dr. William Lawrence, Center for Outcomes and Effectiveness Research, AHRQ, presented a talk on *Summary of Health Measures: Applicability*. The slides for his presentation are available as Appendix C. Dr. Lawrence discussed the formation of the Interagency Working Group on Summary Measures of Health (IAWG). He provided an overview of summary measures, which are composite measures of longevity and health-related quality of life. IAWG is chaired by Dr. Ed Sondik, NCHS, and is composed of representatives from CDC, NIH, AHRQ, the Food and Drug Administration (FDA), the Assistant Secretary for Planning and Evaluation (ASPE), the Centers for Medicare and Medicaid Services (CMS), the Health

Resources and Services Administration (HRSA), and the Substance Abuse and Mental Health Services Administration (SAMHSA). The objectives of IAWG are to stimulate data collection activities that can inform development of summary measures, coordinate activities among DHHS agencies, and keep abreast of ongoing and emerging work. IAWG hopes to establish a national data resource to provide information on the health of the population, facilitate research on properties and comparability of measures of health, and facilitate research leading to improved measures of health. Future activities include the establishment of an Expert Technical Work Group and a workshop in the spring of 2002, which will focus on the collection of national data.

### **INCREASING PHYSICAL ACTIVITY: A REPORT ON RECOMMENDATIONS OF THE TASK FORCE ON COMMUNITY PREVENTION SERVICES**

As introduced by Dr. Sarah Kuester, CDC, The Task Force on Community Preventive Services has recently released a report regarding a systematic review of community interventions to increase physical activity. The report can be found in the Morbidity and Mortality Weekly Report (MMWR, Volume 50, Number RR-18, Increasing Physical Activity: A Report on Recommendations of the Task Force on Community Preventive Services.)

- for Adobe PDF format: [www.cdc.gov/mmwr/PDF/rr/rr5018.pdf](http://www.cdc.gov/mmwr/PDF/rr/rr5018.pdf)
- for HTML (web) format: [www.cdc.gov/mmwr/preview/mmwrhtml/rr5018a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5018a1.htm)

The Task Force recommends six interventions: two informational approaches (i.e., community-wide campaigns and point-of-decision prompts to encourage use of stairs); three behavioral and social approaches (i.e., school-based physical education, social support interventions in community settings (e.g., setting up a buddy system or contracting with another person to complete specific levels of physical activity), and individually adapted health behavior change programs; and one intervention to increase physical activity by using environmental and policy approaches (i.e., creation of or enhanced access to places for physical activity, combined with informational outreach activities). The Task Force did not find evidence to support: recommendations for classroom-based health education information provision, behavioral skills, and social support interventions in family settings because of inconsistent findings; mass media campaigns, college-age physical education, and health education because of an insufficient number of studies; and classroom-based health education focusing on reducing television viewing and video game playing because of the lack of a demonstrated link between reduced time spent watching television or playing video games and increased physical activity. This report provides additional information regarding the recommendations, briefly describes how the reviews were conducted, and provides information that can help in applying the interventions locally. (See Appendices D and E.)

An overview of the Guide to Community Preventive Services can be accessed on their website [www.thecommunityguide.org/home\\_f.html](http://www.thecommunityguide.org/home_f.html). Also included on this website are the recently published diabetes recommendations *Strategies for Reducing Morbidity and Mortality from Diabetes Through Health-Care System Interventions and Diabetes Self-Management Education in Community Settings*, as published in the MMWR September 28, 2001, 50(RR16);1-15 at [www.cdc.gov/mmwr/PDF/rr/rr5016.pdf](http://www.cdc.gov/mmwr/PDF/rr/rr5016.pdf) or [www.cdc.gov/mmwr/preview/mmwrhtml/rr5016a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5016a1.htm)

### **OFFICE OF DIETARY SUPPLEMENTS UPDATE**

Dr. Coates provided an update of the activities of the NIH ODS. The CARDS database was released on October 26, 2001 on the ODS Website. Also available on the website is information on NIH-funded research for 1999; information for year 2000 research will be added soon. ODS funding for 2002 will include a *Program for Botanicals and Dietary Supplements* and another Botanical Research Center. ODS conference activities include *Performance Enhancing Supplements* with the Council for Responsible Nutrition (CRN) scheduled for January 8-9, 2002, in the NIH Natcher Auditorium and *Dietary Supplement Use in Women of Reproductive Age* with the National Institute of Child Health and Human Development (NICHD) and the National Center for Complementary and Alternative Medicine (NCCAM), scheduled for January 27-29, 2002 also in the NIH Natcher Auditorium. Dr. Christine Swanson, ODS, will moderate a session on *Herbal Dietary Supplements at the Experimental Biology 2002 Meeting* in April in New Orleans. The *Second Annual Bibliography of Dietary Supplement Research* has been released. This is an annotated bibliography of major advances in the field. Dr. Coates will be in email contact with NCC members soon about other ODS workshops. Dr. Coates paid tribute to Dr. Hubbard for his recent work with the PHS Disaster Medical Assistance Team in New York and noted the article about Dr. Hubbard's work in the October 30, 2001 issue of the *NIH Record*.

### **INTERNATIONAL NUTRITION ACTIVITIES**

Dr. Dan Raiten, NICHD, reported on several international activities. Work continues on a proposed trans-NIH Subcommittee on International Nutrition Research. This Subcommittee will include IC members interested in international research. A draft Request for Applications (RFA) will be generated for the Gates Foundation Program, *Global Alliance for Improved Nutrition (GAIN)*. The goals for GAIN were drafted in a satellite meeting to the Vienna Nutrition Congress in August 2001. A report about the progress of GAIN will be presented at the next NCC meeting. There is an opportunity for collaborative research on maternal and child health in India. This activity began under the DHHS Secretary, and Secretary Tommy Thompson will be in India to initiate the next phase.

### **SURGEON GENERAL'S INITIATIVE TO ADDRESS OVERWEIGHT AND OBESITY**

Dr. Hubbard and Ms. Kathryn McMurry, ODPHP, provided an update on the

*Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity.* The Surgeon General *Call to Action* has undergone agency clearance and should be out within the next several weeks. The timing will depend on dates available for both Surgeon General Satcher and Secretary Thompson. Fact sheets on overweight and obesity have been drafted and are undergoing clearance. They will be released with the *Call to Action*. Also, a message from the Secretary will be included within the document. There will also be an acknowledgement to the efforts of Dr. Paul Ambrose in the development of this report and his untimely death on September 11, 2001. The *Call to Action* and fact sheets will be available on the Surgeon General's website, along with links to government web pages. Ms. McMurry requested suggestions for non-government people to invite to the press event at the release of the document. Dr. Hubbard indicated that there would be the opportunity to ride a print order for the document, but there will be a short turn around time to submit the request once all information is known. He will provide a copy of the *Call to Action* to NCC members, although members requiring large quantities of copies should contact Dr. Hubbard or the DNRC office to coordinate processing the request. The document is 48 pages and is expected to cost between \$1-2 per copy.

#### **REPORTS FROM NCC MEMBERS AND LIAISONS**

Dr. Deborah Galuska, CDC, announced that on October 11 and 12 the CDC Division of Nutrition and Physical Activity sponsored an expert panel meeting in Atlanta, Georgia, to address *Vitamin D Supplementation of Breast- Fed Infants in the U.S.* As a result of the meeting, recommendations for future research and policy development regarding vitamin D are being made. CDC will keep the committee abreast of publications resulting from the meeting. The contact person for this meeting is Kelley Scanlon, Ph.D. [KScanlon@cdc.gov](mailto:KScanlon@cdc.gov)

Dr. Sue Krebs-Smith, NCI, announced that Dr. Lorelei DiSogra will be joining NCI as the Director of the *5 A Day for Better Health Program* on November 5, 2001. Dr. DiSogra was previously Vice President for the Dole Food Company. (See Appendix F.) Dr. Krebs-Smith also announced that Dr. Richard Troiano has been detailed to the Department of Health and Human Services (DHHS) for two weeks to work on issues related to anthrax.

Dr. Judy Finkelstein, National Institute on Aging (NIA), announced the development of a conference on *Dietary Supplements and the Elderly: Current Status and Future Directions*, in conjunction with ODS. She and Dr. Becky Costello welcome participation from other ICUs. (See Appendix G.)

Dr. John Milner, NCI, mentioned RFAs concerning prostate cancer. Visiting NCI scientist, Dr. Jon Story, mentioned an upcoming conference, *Effect of Diet on the Colonic Environment*. A group has been organized to work on the conference and will meet on November 30, 2001. Dr. Hubbard will circulate information on this meeting via the DNRC.

Ms. McMurry, ODPHP, mentioned a Memo of Understanding (MOU) to be signed by the National Recreation and Parks Association (NRPA) and the NIH, including NIDDK and the National Heart Lung and the Blood Institute (NHLBI), concerning the promotion of the Healthy People objective to prevent overweight and obesity.

Dr. Shirley Blakeley, FDA, announced an *FDA Science Forum* on February 20-21, 2002, that will feature breakout sessions on botanicals, biotechnology, and Bovine Spongiform Encephalopathy (BSE).

#### **NEXT NCC MEETING**

The next meeting of the NCC is tentatively scheduled for January 3, 2002. The NCC will be notified via email of important events that occur in the interim.

The meeting was adjourned at 4:30 p.m.

The agenda, list of attendees, and appendices of the November 1, 2001, NIH NCC Meeting follow these minutes.

#### **LIST OF APPENDICES**

Appendix A - HNRIMS Data Table 1 for FY2000

Appendix B - NIH Consensus Development Program Web Page

Appendix C - Slides Presented by Dr. William Lawrence for his presentation, *AHRQ Interagency Working Group on Summary Measures of Health*

Appendix D – *Increasing Physical Activity: A Report on Recommendations of the Task Force on Community Preventive Services. Frequently Asked Questions*

Appendix E – Task Force on Community Preventive Services. Dear Colleague Letter

Appendix F – Letter Announcing Dr. Lorelei DiSogra as the Director of the CNI 5 A Day Better Health Program

Appendix G – Dietary Supplements and the Elderly Conference

\*This file is in PDF format, which requires the free [Adobe Acrobat Reader](#) for viewing.